Ministry of Public Works

Department of Parks

Seasonal Full-Time and Seasonal Reserve Surf Lifeguards

Dynamic opportunities exist within the Department of Parks for the posts of seasonal full-time and seasonal reserve Surf Lifeguards for the 2024 Lifeguard Season from April – November. Working under the direction of the Lifeguard Superintendent, successful applicants will be responsible for assisting in the operation of the Lifeguard Service. These positions require mature, reliable persons who possess excellent public relations skills and are able to manage confidential information as per service policies.

Main duties will include, but not limited to:

- Observe aquatic activities in designated patrolled areas with a view to prevent emergency situations.
- Respond to both land and aquatic emergencies.
- Provide immediate first aid and emergency care to injured or unwell patrons.
- Compliance with the Lifeguard Service's policies and procedures
- Inform and educate the public on beach/water safety through formal and informal contacts.
- Enforcement of the 1988 Bermuda National Parks Regulations and subsequent amendments.
- Regularly review beach safety operating procedures in addition to practicing rescue drills, resuscitation skills and engage in monthly physical assessments.
- Attendance at water safety/resuscitation workshops.
- Management and maintenance of Lifeguard equipment.
- Assisting with administrative duties of the Department of Parks when required.
- Assisting the Park Ranger Service and compliance with any other special working conditions inclusive of Emergency Measure Organization operations as it relates to the Department of Parks.

Applicants must be 16 years of age or older at time of commencing a training course in addition to being a strong swimmer, be in good health and possess a fairly high level of fitness prior to undertaking the training course. Applicants must pass the Initial Swim Assessment (ISA) of 400 meters in 8 minutes or less to be considered for the training course and seasonal employment.

Although any previous swimming, lifesaving experience or similar qualifications would be an advantage to have, it will not be accepted in lieu of attending any part of a training course or prerequisite requirements.

Selections for employment are based on successful performance in the swim assessment, interview, training course, availability for work and if necessary, an additional interview as well as Physical Assessment performance to assist with final selections.

Recruitment Packages with applications included can be collected from and submitted to the office of the Department of Parks, Ground Floor, Global House, 43 Church Street, Hamilton HM12. Alternatively, Recruitment Packages can be found online at www.gov.bm/online-services/lifeguardservice Please contact the Department of Parks for any additional information. Telephone: 236-5902 or E-mail: njtrott@gov.bm

*Closing Date for Applications: 28th May 2024

INITIAL SWIM ASSESSMENTS

Tuesday, 28th May at 7pm, 7th and Sunday, 23rd June at 3pm. Date/Time:

Where: Bermuda National Sports Centre – pool; located at 65 Roberts Avenue, Devonshire

Dress: Swimming suit (changing rooms on site); goggles highly recommended

Additional information regarding the Initial Swim Assessment and Training Courses can be found in the

Recruitment Package.



Department of Parks

Initial Swim Assessment

Dear Applicant,

Please find the current listed dates, times and locations of the **Initial Swim Assessments** (ISA) available for the 2024 Lifeguard Training Season. All new applicants must successfully pass one (1) ISA in order to qualify and participate in a Department of Parks' Lifeguard Training Course during the 2024 season.

	DATE	LOCATION	TIME
Wednesday,	27th December(2023)	Bermuda National Sports Centre	3pm
Sunday,	7 th January (2024)	Bermuda National Sports Centre	3pm
Sunday,	14 th January (2024)	Bermuda National Sports Centre	3pm
Sunday,	5 th May (2024)	Bermuda National Sports Centre	3pm
Tuesday,	28 th May (2024)	Bermuda National Sports Centre	3pm
Sunday,	23 rd June (2024)	Bermuda National Sports Centre	3pm
	POO	LADDRESS	

Bermuda National Sports Centre, 65 Roberts Avenue, Devonshire

http://bermudanationalsportscentre.com

Distance: 400 meters in a pool **Qualification Time:** 8 minutes or less

- Anybody interested in the Lifeguard position as described in the Recruitment Instructions and is in good health and of a fairly high level of fitness are allowed to take any of the advertised Initial Swim Assessments (ISA).
- Any candidate that has any medical conditions which may impair them should consult their physician first before
 undertaking the ISA and subsequent training course. The Lifeguard Superintendent must be notified immediately
 (before the ISA) of the condition(s) if not already mentioned on your application regarding any medical conditions.
 "Fit for work" proof may be deemed necessary before commencing any part of the ISA or subsequent training course.
- Participants may wear goggles for the ISA. Long hair must be neatly held up/back. Swim caps may be worn. Jewellery, including body jewellery must be removed during the ISA and training course. Appropriate swim attire must be worn throughout the ISA. No wet suits allowed for the ISA.
- Successful participants of the ISA only need swim on one (1) date. Unsuccessful participants are allowed to retake any
 subsequent ISAs displayed above. We strongly discourage potential candidates from waiting until the last possible ISA
 date to attempt qualification if it can be avoided.

Lifeguard Training Course

Please find the listed dates of the two remaining Lifeguard Training Courses currently available for the 2024 Season:

COURSE NO.	DATES	TOTAL COURSE LENGTH
Training Course No.1 - NEW Candidates	$1^{st} - 6^{th}$ June & $9^{th} - 13^{th}$ June*	9 days
Training Course No.2 - NEW Candidates	29^{th} June – 4^{th} July & 7^{th} – 11^{th} July*	9 days

- * After 6 days of training, each course will have a scheduled 2 or 4-day break followed by a 3-day assessment and work guidance period. Candidates will be notified during the course which days they will be assessed on during this period.
- The Lifeguard Training Course involves instruction at various locations throughout the island. Course participants are expected to provide their own means of transportation during the training course period as there will be times where planned transfers to different locations throughout the day are required. Qualifying candidates will receive a "Welcome letter" within two weeks of the corresponding course date with details including a daily agenda (with locations), dress/kit needs, etc.
- In the event that a course is oversubscribed by qualified ISA candidates for that particular course, the Lifeguard Service will strictly follow immigration guidelines (if applicable) in conjunction with Lifeguard Service seniority, availability for work and ISA performance in order to select the final training course participant group.
- Based on availability, it is possible that additional courses may be added to the season or if warranted, the above scheduled course dates may change in order to maximize course participation. Applicants will be notified of any changes.
- Please contact the Lifeguard Superintendent at your earliest convenience if you have any questions regarding the above.

Department of Parks

2024 Lifeguard Service General Recruitment Instructions

- 1) Applicants must be 16 years of age or older at the time of commencement of the training program.
- 2) Non-Bermudian applicants must abide by all laws set out by Bermuda's Immigration Act regarding terms of employment/seeking employment.
 - Non-Bermudian applicants who reside outside of Bermuda must be 18 years of age or older.
 - Non-Bermudian applicants that have permission to land/reside on island (re-entry letter) must also have permission in writing from the Department of Immigration to seek employment before submitting an application.
 - Naturalized persons should submit their certificate and/or letter advising of such. Dependents of a BOTC parent must have permission in writing from the Department of Immigration to seek employment (I.e. certificate and/or letter advising of such) before submitting an application.

Please contact the Lifeguard Superintendent and/or the Department of Immigration for any further questions regarding employment in Bermuda for non-Bermudians.

- 3) All applicants are invited to perform in an advertised **Initial Swim Assessment** (ISA) consisting of 400 meters in a pool which must be completed in 8 minutes or less as a prerequisite in order to be considered for any training program for the year.
- 4) Applicants must be able to jump/dive into deep water as well as be able to surface dive up to 2 meters.
- 5) Anybody in good health and of a fairly high level of fitness is allowed to take any of the advertised ISAs but must successfully pass one as a prerequisite to participate in a training course.
- 6) *Selection for a training program is based on performance in an ISA, negative pre-employment drug test, interview, immigration status and availability for work.
- 7) The training program consists of 9 days for new applicants. Participants are expected to be in good health and of a fairly high level of fitness prior to taking the course. The Department of Parks' Lifeguard Training Course is physically demanding and includes lifting and swimming to set times.
- 8) At this time there are no enrollment fees in order to apply/register for our training program as candidates will be working for Lifeguard Service. Training course manuals/textbooks will be supplied by the Department of Parks. Those who successfully complete this course and are offered employment as new employees (including Reserves) to the Lifeguard Service will be given a full uniform.
- 9) Successful completion of the training course includes passing six main elements: Beach Lifeguarding Knowledge, CPR & AED, First Aid, Pool Practical, Beach Practical, and the Physical Assessment (1 mile Run followed by a 400m Swim and then a 600m Paddle Board completed consecutively. Each discipline of the Physical Assessment is to be completed in 8 minutes or less consecutively in one wave to pass).
- 10) If necessary, there may be an additional interview to assist with final selection of participants. Successful completion of the training program does not guarantee employment. Physical Assessment times may be used as a primary tool to confirm employment placement for an individual should all other requirements be met by more than one qualifying individual for a position. Selection is then made for temporary full-time seasonal and reserve seasonal positions as beach/surf Lifeguards.
- 11) If you cannot be offered temporary full-time seasonal employment, you will automatically be used in the Reserve Lifeguard program.
- 12) Successful participants under the age of 18 will receive Reserve status only.
- 13) Returning Lifeguards from previous years must take a Returnee's course (consisting of but not limited to: NVBLQ Theory, First Aid, Beach component and Specialist Units- Rescue Paddle Craft, Life Support 3 and AED) and pass all assessments in order to re-qualify. This includes successfully passing the Physical Assessment prior to employment.
 - Returning Lifeguards do not have to participate in an ISA.

- 14) Monthly Physical Assessments are performed by all employees throughout the season to show that the standard of physical performance is being maintained. Monthly Physical Assessments may need to be carried out by individuals on days that would normally be considered their day of rest however attempts are made when possible and where appropriate to reduce the chance of this happening. Employees who do not pass their monthly Physical Assessment may be suspended without pay until further notice and may jeopardize their employment status with the Lifeguard Service.
- 15) The Lifeguard position has an immediate and significant impact upon the safety and security of the public and of fellow employees. Candidates may be subject to vetting along with drug and alcohol testing inclusive of pre-employment, random and testing for reasonable cause. All potential candidates may undergo pre-employment drug testing after successfully passing an ISA but no sooner than 90 days prior to the commencement of the training course. Returning Lifeguards may undergo pre-employment drug testing not sooner than 90 days prior to potential hire date. Refusal to take a pre-employment drug test or have a positive pre-employment drug test may result in applicants being discharged from the application/recruitment process.
- 16) Due to the nature of the Lifeguard position in providing care, it is possible for employee exposure to bodily substances. As part of our occupational safety and health standards and guidelines to prevent transmission of serious diseases, successful candidates of the training course must have their complete Hepatitis B immunization prior to being employed or agree to have it completed as part of the conditions of employment with the Department of Parks' Lifeguard Service.
- 17) Any person 18 years of age or older MUST have a social insurance number in order to be employed with the Department of Parks' Lifeguard Service. Application forms can be downloaded from the Department of Social Insurance: https://www.gov.bm. Non-residents/non-Bermudians can apply upon confirmation of employment. Exemption from Social Insurance deductions may be granted to full-time students pending proof of qualification. All employees will be enrolled in to the Government Employee Health Insurance (GEHI) plan unless proof of other qualifying local full health/medical coverage is provided.
- 18) In addition to submitting a completed application for employment, returning Lifeguards with a minimum of 1440hrs in combination with completing a minimum of 3 years of previous employment with the BLS wishing to apply for entry into the Senior Lifeguard Program may do so in writing submitting the following:

 1) Request to enter the Senior Lifeguard Program and answer in your own words 2) Why you would be a suitable candidate for the Senior Lifeguard Program including what the BLS and the community at large stand to gain with your potential Senior Lifeguard promotion? The Lifeguard Superintendent upon receipt of such documentation from qualifying candidates will respond with additional information regarding the Program.
- 19) As it is temporary work, requests for leave of any type are generally not accepted. Special situations may warrant exception however please note that all leave is unpaid.

*The Department of Parks' Lifeguard Service does not discriminate against any colleague or applicant for employment on the basis of race, colour, national origin, religion, sex, gender identity and/or expression, sexual orientation, age, disability or military status. The above Instructions inclusive of those organizations whom we utilize for our standards have defined conditions for certification which we mandate that candidates must meet to be considered for employment with the Department of Parks' Lifeguard Service

Temporary Full-time Seasonal Lifeguarding

Successful candidates will also be expected to work any 5 out of 7 days for a 40-hour work week in accordance with an approved schedule including holidays and overtime as needed. On occasion (at any given time), Lifeguards may be required to work outside of prescheduled hours to meet operational demands or in emergency situations.

Reserve Seasonal Lifeguarding

The Reserve Lifeguard program is designed to assist the temporary full-time service on weekends, special occasions and holidays when needed as well as covering absences of temporary full-time staff. Successful participants under the age of 18 will receive Reserve status only.

Temporary full-time and Reserve Lifeguards attend the same training course and meet the same standards as well as successfully passing all assessments in order to qualify. Minimum work hours = 8 hours per month.

As leaders in water safety, the Department of Parks has incorporated the Royal Life Saving Society (RLSS) UK's National Vocational Beach Lifeguard Qualification (NVBLQ) as our entry level standard for Lifeguarding at our National Parks. Should a new applicant possess a valid RLSS NVBLQ, please be sure to include all details of it as part of your complete application. Possession of a valid NVBLQ will not be taken in lieu of a training course (please note section 13 above). Please contact the Lifeguard Superintendent for any further information.



APPLICATION FOR EMPLOYMENT: \square FULL-TIME SEASONAL

RESERVE SURF LIFEGUARD

CHECK ONE BOX ONLY

All sections to be completed by	APPLICANT ONLY		
1a) PERSONAL DETAILS			
Name:		LAST	
Date of Birth:DAY/MONTH/YEAR	Age:		Male:
Bermuda Social Insurance Number:			
1b) CITIZENSHIP INFORMATION — Submit high quality colour cop " <u>REGISTERED BERMUDIAN</u> " stamp (if applicable) in addition to a copy display			
Do you possess Bermudian status? YES NO If YES , go to 1d). If NO , do 1c). If NO , complete 1c) and provide your legal address outside of Bermuda complete.			
1c) IMMIGRATION STATUS			
Please check one box only: SEE NO. 2 OF RECRUITMENT INSTRUCTIONS			
I am a Spouse of a Bermudian – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess and possess a Permanent Resident Certificate – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess a Permanent Resident Certificate – submit a high quality copy of possess and possess a permanent Resident R			
I have permission to Reside and Seek Employment – submit a			
I have none of the above - please contact the Lifeguard Super	erintendent before subm	tting an application	
1d) ADDRESS AND CONTACT INFORMATION			
Home/Street Address:			
·			
	Postal	Code:	
Mailing Address: IF DFFERENT THAN ABOVE			
E-mail Address:			
THE BLS COMMUNICATES PRIMARILY THROUGH E-MAIL FOR ADMINISTRATIVE NEEDS. THIS Home Telephone No:			
Have you been employed by this Department before? YES NO If YES, p	orovide details:	POSITION(S) HEL	D, DATES, ETC.
2a) HEALTH STATUS – Applicants are required to be in good health and of	a fairly high level of fitnes	SS.	
Do you have any allergies? YES NO . If YES , provide details:			
Do you have any other medical conditions? YES NO . If YES, provide det			
·			·····
Do you require use of glasses/correctors? YES NO . If YES, is your vision	on corrected with their use	S. JE2 NO	
2b) IMMUNIZATION STATUS Date of final Hepatitis B vaccination:		or Nover/	Hakaowa 🗆
Date of most recent Tetanus/Diphtheria (Td) vaccination:		or Never/	Unknown 🗌
3a) EDUCATION – List all institutions attended:			
Schools, Colleges, Universities attended	Full or Part-time	Entered	Left
		MM/YYYY	MM/YYYY
		MM/YYYY MM/YYYY	MM/YYYY MM/YYYY
		ATTACH ADDITIONAL SE	-
3b) QUALIFICATIONS – List all Qualifications obtained. Copies of Lifesavir	ng (CPR/1st Aid/AED, Lifeg	uarding, EMT, etc.) o	ertificates can be

submitted with the completed application. Returning Lifeguards must submit RLSS/NVBLQ award information:

submitted with the completed application. Neturning Lifeguards must submit RE33/NVDEQ award information.	
Academic, Professional and Technical qualifications obtained (Please include any RLSS award cert names & #s)	Date Obtained
	MM/YYYY
	MM/YYYY
	MM/YYYY
	MM/YYYY

Name of Employer		Post Held	Date Started	Date Left and Reason for Leaving
			MM/YYYY	MM/YYYY
E) VEHICI E/DRIVER'S LICENSI	F – Employoos an	a raspansible for their o	wn moans of transpor	ATTACH ADDITIONAL SHEET(S) IF NECESS t to and from their designated area of
work/duty. Do you have a valid Ber	· · · · · · · · · · · · · · · · · · ·	•	· ·	
If YES , specify which one(s) and sub	omit a high qualit	y copy of your license: _		
specific as possible with your date assignment priorities during the Sec	es in the section ason if employed	below as it will assist	with training progra	April and the 30th November. Please be marrangements, recruitment selection
CAN YOU COMMENCE TRAINING I am available to start working:				FIC AS POSSIBLE WITH DATES IN SECTION 6
My last available day of work is:				
Educational/additional commitmen	its (if applicable):		DAY/MONTH/YEAR	
I.E. DATES OF EXAMS, PR	ESENTATIONS, ETC.	PROOF OF ATTENDANCE MAY	BE REQUESTED. SEE NO.2	0 OF RECRUITMENT INSTRUCTIONS
members of the Legislature; that ca	n be contacted ir	reference to this applic		visor, supervisor, teacher), NOT relatives nat all contact details are current:
Name:	FIRST		E (OPTIONAL)	LAST
Address:				
Relationship:		Telephone No	: 1)	2)(OPTIONAL)
E-mail Address:				
Name:	FIRST		.E (OPTIONAL)	LAST
Address:				
Relationship:		Telephone No	: 1)	2)(OPTIONAL)
E-mail Address:				
8a) HAVE YOU EVER BEEN CO	NVICTED BY A	A COURT OF LAW? Y	ES NO If YES , p	rovide details:
				H ADDITIONAL SHEET(S) IF NECESSARY nd-wide. Are you able to work in ALL are
9) EMERGENCY CONTACT INF be contacted at any time in the eve			ition for one individua	l <u>in Bermuda</u> (over the age of 18) that ca
Name:		B. AIP	E (ORTIONAL)	LACT
Address:			.E (OPTIONAL)	LAST
Relationship:		Telephone No	: 1)	2)
E-mail Address:				
factual record. I understand that sh may be cancelled and result in imn Department of Parks for any poin that refusal to take a pre-employm understand that the completion o	nould the information in the discharged to of query inclusionent drug test or of this application artment of Parks	ation prove to be incorred. I have read the Recrusive of any COVID-19 can have a positive pre-emendoes not constitute and to conduct security/p	ect or misleading, the itment Instructions a ontrols. Having read ployment drug test wan offer of employmolice vetting and obt	contained in the application is true and appointment whether offered or in each of the sought out clarification from the Recruitment Instructions, I understaill result in applicants not being hire tent. I hereby authorize and give consertain reference information from my libited for.
Signature:			Nate:	

Additional Notes:

Parent's Signature: ___

a) Resumes and Passport documentation (1b) should accompany this application upon submission. Any other additional information (3b,5) is welcome b) Only completed applications should be addressed to the attention of the LIFEGUARD SUPERINTENDENT and submitted by either of the following methods:

Date: ___

DAY/MONTH/YEAR

DAY/MONTH/YEAR

- BY HAND/COURIER: Department of Parks, Ground Floor, Global House, 43 Church Street, Hamilton HM12, BERMUDA
- BY E-MAIL: NJTROTT@GOV.BM
- c) Which **Initial Swim Assessments** (ISA) can we expect to see you participate in? 28th May 23rd June

REQUIRED IF APPLICANT IS UNDER 18



SUPPLEMENTARY FORM A: UNIFORM SIZING DETAILS

All sections to be completed by **APPLICANT ONLY**

Name:	I) PERSONAL DETAILS			
Date of Birth:	Name:		LACT	
2) TEE-SHIRT — UNISEX Lifeguard staff tee; cotton or polyester unisex SM MED LG XL PREASE SELECT (v) ONE SIZE ONLY 3) SWEATSHIRT/JACKET — UNISEX Lifeguard staff sweatshirt or jacket; polyester/cotton/nylon blends SM MED LG XL PREASE SELECT (v) ONE SIZE ONLY 4) SWIMSUIT — WOMEN'S Lifeguard TYR full (1) piece or two (2) piece; durafast lite/polyester/spandex/lycra/nylon 30 (XS) 32 (S) 34 (M) 36 (L) 38 (XL) 0/2 4/6 8 10/12 14/16 5) SHORTS — WOMEN'S (Cover) BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (3" inseam) SM (28-30 in) MED (31-32 in) LG (33-34 in) XL (35-36 in) PREASE SELECT (v) ONE SIZE ONLY 7) SHORTS — MEN'S PRO SHORT Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30 in) MED (31-32 in) LG (33-34 in) XL (35-36 in) PREASE SELECT (v) ONE SIZE ONLY 7) SHORTS — MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30 in) MED (31-32 in) LG (33-34 in) XL (35-36 in) PREASE SELECT (v) ONE SIZE ONLY 7) SHORTS — MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30 in) MED (31-32 in) LG (33-34 in) XL (35-36 in) PREASE SELECT (v) ONE SIZE ONLY	Data of Birth			Famala, \square
Lifeguard staff tee; cotton or polyester unisex SM	DATE OF BILLU:	ONTH / YEAR	Male: []	remaie:
3) SWEATSHIRT/JACKET – UNISEX Lifeguard staff sweatshirt or jacket; polyester/cotton/nylon blends SM MED LG XL PLEASE SELECT (1) ONE SIZE ONLY 4) SWIMSUIT – WOMEN'S Lifeguard TYR full (1) piece or two (2) piece; durafast lite/polyester/spandex/lycra/nylon 30 (XS) 32 (S) 34 (M) 36 (L) 38 (XL) 0/2 4/6 8 10/12 14/16 5) SHORTS – WOMEN'S (Cover) BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (3" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (1) ONE SIZE ONLY 6) SHORTS – MEN'S PRO SHORT Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (1) ONE SIZE ONLY 7) SHORTS – MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (1) ONE SIZE ONLY MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (1) ONE SIZE ONLY MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (1) ONE SIZE ONLY	-	ter unisex		
3) SWEATSHIRT/JACKET – UNISEX Lifeguard staff sweatshirt or jacket; polyester/cotton/nylon blends SM MED LG XL 4) SWIMSUIT – WOMEN'S Lifeguard TYR full (1) piece or two (2) piece; durafast lite/polyester/spandex/lycra/nylon 30 (XS) 32 (S) 34 (M) 36 (L) 38 (XL) 0/2 4/6 8 10/12 14/16 PLEASE SELECT (V) ONE SIZE ONLY 5) SHORTS – WOMEN'S (Cover) BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (3" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY 7) SHORTS – MEN'S PRO SHORT Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY 7) SHORTS – MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY	SM	MED	XL	
Lifeguard staff sweatshirt or jacket; polyester/cotton/nylon blends SM MED LG XL PLEASE SELECT (v) ONE SIZE ONLY 4) SWIMSUIT — WOMEN'S Lifeguard TYR full (1) piece or two (2) piece; durafast lite/polyester/spandex/lycra/nylon 30 (XS) 32 (S) 34 (M) 36 (L) 38 (XL) 0/2 4/6 8 10/12 14/16 PLEASE SELECT (v) ONE SIZE ONLY 5) SHORTS — WOMEN'S (Cover) BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (3" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY 6) SHORTS — MEN'S PRO SHORT Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY 7) SHORTS — MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY	PLEASE SELECT (V) O	ONLY		
4) SWIMSUIT — WOMEN'S Lifeguard TYR full (1) piece or two (2) piece; durafast lite/polyester/spandex/lycra/nylon 30 (XS) 32 (S) 34 (M) 36 (L) 38 (XL) 0/2 PLEASE SELECT (V) ONE SIZE ONLY 5) SHORTS — WOMEN'S (Cover) BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (3" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY 6) SHORTS — MEN'S PRO SHORT Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY 7) SHORTS — MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY	-	polyester/cotton/nylo		
4) SWIMSUIT – WOMEN'S Lifeguard TYR full (1) piece or two (2) piece; durafast lite/polyester/spandex/lycra/nylon 30 (XS) 32 (S) 34 (M) 36 (L) 38 (XL) 0/2 PLEASE SELECT (V) ONE SIZE ONLY 5) SHORTS – WOMEN'S (Cover) BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (3" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY 7) SHORTS – MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) PLEASE SELECT (V) ONE SIZE ONLY NED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY NED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY NED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY			XL	
Lifeguard TYR full (1) piece or two (2) piece; durafast lite/polyester/spandex/lycra/nylon 30 (XS) 32 (S) 34 (M) 36 (L) 38 (XL) 10/12 14/16 5) SHORTS – WOMEN'S (Cover) BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (3" inseam) SM (28-30in) PLEASE SELECT (V) ONE SIZE ONLY 6) SHORTS – MEN'S PRO SHORT Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY 7) SHORTS – MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY	PLEASE SELECT (V) O	ONLY		
O/2 4/6 8 10/12 14/16 PLEASE SELECT (v) ONE SIZE ONLY 5) SHORTS — WOMEN'S (Cover) BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (3" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY 6) SHORTS — MEN'S PRO SHORT Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY 7) SHORTS — MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY	-	!) piece; durafast lite/p		
SHORTS – WOMEN'S (Cover) BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (3" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY 6) SHORTS – MEN'S PRO SHORT Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY 7) SHORTS – MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY	30 (XS)	32 (S)	(L) 3	38 (XL)
5) SHORTS – WOMEN'S (Cover) BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (3" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY 6) SHORTS – MEN'S PRO SHORT Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY 7) SHORTS – MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY	•		/12	14/16
Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (3" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (**) ONE SIZE ONLY 6) SHORTS — MEN'S PRO SHORT Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (**) ONE SIZE ONLY 7) SHORTS — MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (**) ONE SIZE ONLY				
SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY 6) SHORTS – MEN'S PRO SHORT Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY 7) SHORTS – MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY	•		stable fit (3" inseam)	
6) SHORTS – MEN'S PRO SHORT Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (1) ONE SIZE ONLY 7) SHORTS – MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (1) ONE SIZE ONLY				
Lifeguard pro short; nylon with Teflon finish; elastic waistband with drawstring (5.5" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY 7) SHORTS — MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY		-	AL (33-30III)	
SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY 7) SHORTS — MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (v) ONE SIZE ONLY	-	on finish; elastic waistk	m)	
7) SHORTS – MEN'S BOARD SHORT Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY			,	
Lifeguard board short; nylon with Teflon finish; elastic waistband with drawstring for adjustable fit (8 ½" inseam) SM (28-30in) MED (31-32in) LG (33-34in) XL (35-36in) PLEASE SELECT (V) ONE SIZE ONLY	•		(00 00)	
PLEASE SELECT (V) ONE SIZE ONLY	-	flon finish; elastic wai	stable fit (8 ½" inseam	1)
8) SWIM FINS— UNISEX	•		XL (35-36in)	I
	-			
Rubber power fin for Lifeguard daily use. Sizes in brackets (number sizes) depict regular men's shoe size. Please note that women should select one "number" size down from the below options.			en's shoe size. Please	note that
XS (3-4) SM (5-6) MED (7-8) MED/LG (9-10)	XS (3-4)	SM (5-6)	MED/LG (9-10)
LG (11-12) XL (13-14)		LG (11-12)		
PLEASE SELECT (V) ONE SIZE ONLY	PLEASE SELECT (√) O			
9) CAP – UNISEX Lifeguard FlexFit cap	-			
S/M (6 3/4 – 7 1/4) PLEASE SELECT (1) ONE SIZE ONLY	PLEASE SELECT (v) O	• • • •	5/8)	
10) WIDE-BRIM HAT – UNISEX Lifeguard wide brim hat	-			
S/M (7 – 7 3/8) L/XL (7 3/8 – 7 3/4) PLEASE SELECT (v) ONE SIZE ONLY	PLEASE SELECT (v) O		3/4)	

Additional Notes:

- a) Lifeguards once offered employment will have the opportunity to try on kit for final sizing.
- b) We have found that some female employees that prefer wearing a two-piece swim suit as part of their duty uniform have had to mix and match sizes (tops & bottoms) in order to find an appropriate fit. Please list your full (1) piece size on 4) if you feel that you may fall in this category. Again; Lifeguards will have the opportunity to try on kit.
- c) Any questions regarding sizing above can be e-mailed directly to the Lifeguard Superintendent at NJTROTT@GOV.BM



SUPPLEMENTARY FORM B: CONSENT STATEMENT FROM PARENT/LEGAL GUARDIAN FOR YOUNG PERSONS (under 18 years of age)

All sections to be completed by PARENT/LEGAL GUARDIAN ONLY

While other professions are also regularly exposed to serious incidents, Lifeguarding could be considered unique in that it is a profession that has traditionally employed "teenagers" and requires them to make split second decisions that can ultimately have life and death consequences for the public that we serve.

The Department of Parks' Lifeguard Service maintains that the safety of our employees is one of our top priorities. We firmly believe that the protection of *young persons* (under 18 years of age) is part of that priority and it is our business to ensure that parents/legal guardians are aware of their child's intent with us- the potential employer.

We employ qualified Lifeguards as young as 16 years of age and require the written permission of a parent or legal guardian of a young person (under the age of 18) to allow them to participate in our training course and become gainfully employed temporarily (up to 6 months or less) if selected/offered employment.

Please note that Lifeguards under the age of 18 if hired by the Department of Parks; will be offered **Reserve** status only. This means that they are not guaranteed a 40 hour work week. Those positions known as "temporary full-time seasonal" positions which guarantee a 40 hour work week will be retained for those 18 years of age and older. In addition to ensuring better practices with employment standards for those under the age of 18; this policy assists our younger employees with being introduced to responsibilities and accountabilities that ultimately involve life and death consequences. It also means that we can directly and indirectly provide a more accommodating and nurturing introduction to Lifeguarding life while still preserving the significance and sense of belonging with the profession.

*Part of safeguarding those under the age of 18 is also ensuring that we encourage <u>you</u> the parent to have open dialogue with your child regarding the job to assure that we ultimately provide your son or daughter with a safe, meaningful and rewarding experience working as a Lifeguard here in Bermuda. We urge you to talk with them daily regarding their day at work. Please contact the Lifeguard Superintendent if you have any questions or concerns.

Name:			
FIRS	MIDDLE (OPTIONAL)	LAST	
Address:			_
Relationship:	Telephone No: 1)	2)	
E-mail Address:			
			_
the Department of Parks' Lifegua Instructions and to the best of m factual record including that he of understand the above and theref related activities inclusive of work	RDIAN — By signing below; I CERTIFY that I am aware rd Service training course. I have read through the Lity knowledge, believe that the content contained in ar she is fit to participate otherwise a medical practione certify that I give informed consent for my child place immunization programs (if applicable) and prend seasonal employment as a Lifeguard with the Dep	feguard Service General Recruitmer my child's application is a true an tioner would have been consulted. to participate with our program an employment drug testing as it relate	nt d I d
the Department of Parks' Lifegua Instructions and to the best of m factual record including that he of understand the above and theref related activities inclusive of work	rd Service training course. I have read through the Lify knowledge, believe that the content contained in or she is fit to participate otherwise a medical practic ore certify that I give informed consent for my child place immunization programs (if applicable) and pre-	feguard Service General Recruitmer my child's application is a true an tioner would have been consulted. to participate with our program an employment drug testing as it relate	nt d I d

Candidate's Name (Print Name): _